



Madison County
substance abuse
resource guide

2017

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If You Struggle With Addiction...

1. Overcome the denial that comes with addiction. (“I can quit anytime I want. This just isn’t a good time.” “I’m not as addicted as other people.”) Over 90% of people in our community are not dependent on alcohol or another drug. When you spend time with people who also use drugs, it makes your own behavior seem normal. Chemical dependency is not normal. This is your denial talking.

You have a disease. Not a bad character. Not bad morals. Addiction is a disease that has changed the chemistry in your brain. Cravings and withdrawal are very real symptoms of this disease, and they likely have caused you to make decisions that you wouldn’t have made otherwise. In order to stop making bad decisions, you have to treat the disease. You are not a bad person, you are a person with a disease. **2.**

3. It is a treatable disease. Your brain chemistry can return to normal with a lot of sustained hard work. Treating any disease means following strict guidelines, being willing to feel uncomfortable, and learning new ways to live. Addiction is no different. You must be willing to do whatever it takes to allow your brain chemistry to recalibrate without alcohol and other drugs.

There is help out there. Yes, many programs have waiting lists. Get on the waiting list and begin your journey. Attend meetings while you wait, and stick with the winners. (Yes, you can meet unhealthy people at meetings. You can also meet healthy people. You decide.) Decide to take control of your life and do not use circumstances as an excuse for sliding back into old habits. You are the only one who can change your life. Many people have done it before you. **4.**

5. Don’t allow the past to define you. Maybe you’ve tried treatment before and relapsed. Maybe you’ve made promises to yourself that you haven’t kept. Think about what you’ve learned from those slips, and decide how you’re going to handle challenges moving forward. Every attempt at recovery is valuable, and you have learned things that will help you now.

If You Love Someone With an Addiction...

- 1.** Addiction is a disease. A person with a substance dependency will keep using drugs no matter the consequences because of chemical changes in the brain. Their bad choices are manifestations of their disease, not an indication of a morally flawed character.
-

The rules for loving someone with this disease are different than the rules of loving someone with cancer or the flu. Usually, when someone we love is sick, we step in to ease their burden. With addiction, this kind of “support” only enables and strengthens the disease. **2.**

- 3.** You didn't CAUSE it, you can't CURE it, and you can't CONTROL it. You are powerless over someone else's addiction. No amount of love, motivation, generosity, firmness, despair, pleading, negotiating, or anger will eliminate someone's addiction.
-

Even though you cannot cause someone to use alcohol or drugs, you can contribute to their addiction by enabling them. This means that you find yourself taking more responsibility for your loved one's life than they take for themselves. If a person does not have to deal with the consequences of their choices, they have little motivation to change. **4.**

- 5.** If you feel the need to offer financial support, only offer that support toward treatment and recovery opportunities. Do not pay for cigarettes, legal fines, rent, gas, cell phones or any other expenses that an adult should be expected to manage. Be clear that the only support you will offer is treatment.

Casey's Law:

Matthew Casey Wethington Act for Substance Abuse Intervention

Casey's Law allows the parents, relatives or friends of an addicted person to lawfully intervene and request involuntary, court-ordered addiction treatment for their loved one.

Steps Involved in Casey's Law:

1. The petitioner must complete a petition form. (You can find it at www.caseyslaw.org and look under Casey's Law Kentucky / Steps in the Process).
 2. File the petition with your county's Circuit Clerk.
 3. The court will review the petition, take an "under oath" statement from you, and make a decision.
 4. If the court agrees that there is probably cause to proceed with the process, the addicted person will be notified and a hearing will occur within 2 weeks.
 5. The addicted person will be under court order to be assessed by 2 healthcare professionals, one of which must be a physician.
 6. The court will decide whether or not the addicted person must complete involuntary addiction treatment (duration of treatment: between 60—360 days).
 7. The petitioner will be responsible for locating a treatment facility and paying any treatment fees.
-

This act provides a means of intervening with someone who is unable to recognize their own need for treatment due to their impairment. Studies show that involuntary treatment can be just as effective as voluntary treatment. Denial and distorted thinking impede a person's ability to make a rational decision but once in treatment, many people realize that their chemical dependency is more than they can handle on their own.

Baptist Health

Baptist Health has a variety of programs, both in Richmond and Corbin. An individual can be assessed by the Emergency Department at Baptist Health in Richmond, and then have the option of being transferred to the Trillium Center in Corbin for medical detox. Both sites offer Intensive Outpatient (IOP) and Outpatient substance abuse treatment.

ADDRESS: 801 Eastern ByPass, Richmond KY 40475 **PHONE:** 859-623-3131

OFFICE HOURS: assessments conducted 24/7 in Emergency Department

FEES: Medicaid, most insurance accepted

SPECIFIC POPULATIONS SERVED:

Men and women over the age of 18
Pregnant women are referred elsewhere after assessment

ELIGIBILITY REQUIREMENTS:

Emergency need for detoxification
Substance use disorder
Over the age of 18

PHILOSOPHY: Integrative, multidisciplinary

STRATEGIES: medical detox (Corbin), addiction education, 12-step meetings, individual and group counseling

SMOKING POLICY: No smoking inside facilities; designated smoking area outside

MEDICATION-ASSISTED TREATMENT POLICY: Vivitrol accepted in Richmond IOP; Corbin has MAT-specific IOP and abstinence-based IOP

TYPICAL WAITING LIST: inpatient detox / IOP: none; Outpatient: 2-3 weeks

TYPICAL LENGTH OF TREATMENT STAY: inpatient detox: 3 days

New Vision for Expectant Mothers

New Vision for Expectant Mothers at Norton Women's and Children's Hospital in Louisville specializes in treatment for pregnant women.

ADDRESS: 4001 Dutchmans Lane, Louisville KY 40207 **PHONE:** 502-559-4375

OFFICE HOURS: phone assessments conducted 24/7

FEES: accepts Medicaid and most insurance plans; call for more information

SPECIFIC POPULATIONS SERVED:

Pregnant women

ELIGIBILITY REQUIREMENTS:

Women are screened by a clinician to determine eligibility and level of service needed

PHILOSOPHY: Medical detoxification

STRATEGIES: medical detoxification, discharge planning

SMOKING POLICY: No smoking inside facilities; designated smoking area outside

MEDICATION-ASSISTED TREATMENT POLICY: evaluated on a case-by-case basis

TYPICAL WAITING LIST: minimal

TYPICAL LENGTH OF TREATMENT STAY: 2-5 days

New Vision: Russell County Hospital

New Vision at Russell County Hospital begins with a medically-supervised hospital stay. Patients receive a physical, a complete lab work-up and an assessment. Through discharge planning, the patient will be transferred to an appropriate community-based program.

ADDRESS: 153 Dowell Road, Russell Springs KY 42642 **PHONE:** 270-866-4141

OFFICE HOURS: assessments conducted 24/7 via Emergency Department

FEES: accepts Medicaid and most insurance plans; call for more information

SPECIFIC POPULATIONS SERVED:

Men and Woman over age 18
Pregnant women are referred to New
Vision for Expectant Mothers in
Louisville

ELIGIBILITY REQUIREMENTS:

Addicted to alcohol, benzos or opiates
Experiencing withdrawal symptoms
Cannot be under the influence

PHILOSOPHY: Medical detoxification

STRATEGIES: medical detoxification, discharge planning

SMOKING POLICY: No smoking; Nicotine Replacement Therapy (patches) available

MEDICATION-ASSISTED TREATMENT POLICY: clients will be tapered using appropriate medications, depending on the particular substances used by the patient

TYPICAL WAITING LIST: minimal

TYPICAL LENGTH OF TREATMENT STAY: 3 days

The Ridge Behavioral Health System

The Ridge Behavioral Health System is accredited by the Joint Commission on Accreditation of Health Care Organizations as a 110-bed hospital providing medical detoxification and other substance abuse services, including an Intensive Outpatient program and a Partial Hospitalization program.

ADDRESS: 3050 Rio Dosa Dr, Lexington KY 40509 **PHONE:** 859-269-2325

OFFICE HOURS: in-person assessments conducted 24/7

FEES: accepts Medicaid (for outpatient only), most insurance plans and private pay

SPECIFIC POPULATIONS SERVED:

Women
Men
Adolescents
Children

ELIGIBILITY REQUIREMENTS:

Determined via screening

PHILOSOPHY: Integrative, multi-disciplinary treatment

STRATEGIES: individual and group therapy, 12-step meetings, psycho-educational courses, relapse prevention, family education

SMOKING POLICY: smoking in designated areas only

MEDICATION-ASSISTED TREATMENT POLICY: only in medical detoxification program

TYPICAL WAITING LIST: Detoxification: none; Inpatient: minimal; IOP / Sober Living: 2-4 weeks

TYPICAL LENGTH OF TREATMENT STAY: Detoxification: 5 days; Inpatient: 28 days; IOP / Sober Living: 2-4 weeks.

Chrysalis House

Chrysalis House is Kentucky's oldest and largest licensed substance abuse treatment program for women. This comprehensive facility includes a residential facility, apartments and a community center.

ADDRESS: 1589 Hill Rise Dr, Lexington KY 40504 **PHONE:** 859-254-6026

OFFICE HOURS: phone assessments conducted during daytime & evening

FEES: no initial fee; client pays a percentage of rent based on income in later phases

SPECIFIC POPULATIONS SERVED:

Women over the age of 18
Pregnant women
Woman with children

ELIGIBILITY REQUIREMENTS:

Women with substance use disorders

PHILOSOPHY: Integrative, multi-disciplinary treatment

STRATEGIES: individual and group therapy, 12-step meetings, psycho-educational courses, peer mentoring, community volunteerism

SMOKING POLICY: smoking in designated areas only

MEDICATION-ASSISTED TREATMENT POLICY: accepts clients using MAT

TYPICAL WAITING LIST: varies

TYPICAL LENGTH OF TREATMENT STAY: 3-6 months in residential, with option to continue aftercare for approximately one year

Schwartz Center

The Schwartz Center is an program of bluegrass.org. This 16-bed program offers detoxification and a 28-day inpatient substance abuse treatment.

ADDRESS: 3479 Buckhorn Drive, Ste 106, Lex KY 40511 **PHONE:** 800-928-8000

OFFICE HOURS: phone assessments and crisis counseling available 24/7

FEES: Medicaid, Medicare, insurance and sliding scale fees

SPECIFIC POPULATIONS SERVED:

Women and men over the age of 18

ELIGIBILITY REQUIREMENTS:

Substance use disorder

PHILOSOPHY: Integrative, multi-disciplinary treatment

STRATEGIES: individual therapy, Intensive Outpatient group therapy, psycho-educational groups, family education

SMOKING POLICY: no smoking (including e-cigs). Nicotine Replacement Therapy is available

MEDICATION-ASSISTED TREATMENT POLICY: accepted if a client is receiving Medicated Assisted Treatment prior to admission

TYPICAL WAITING LIST: varies

TYPICAL LENGTH OF TREATMENT STAY: 28 days

Liberty Place

Liberty Place, part of the Recovery Kentucky program, is a 108-bed Recovery Center for women. Participants move through five phases of the program, eventually moving into Section 8 housing.

ADDRESS: 218 Lake Street, Richmond KY 40475 **PHONE:** 859-625-0104

OFFICE HOURS: phone assessments conducted 24/7

FEES: no initial fee; client pays small amount of rent based on income in later phases

SPECIFIC POPULATIONS SERVED:

Women over the age of 18 who reside within the 6th congressional district (Anderson, Bath, Bourbon, Clark, Estill, Fayette, Fleming, Franklin, Madison, Menifee, Montgomery, Nicholas, Powell, Robertson, Scott, Wolfe, Woodford, Harrison, Jessamine.)

ELIGIBILITY REQUIREMENTS:

Women with substance use disorders who are at risk of homelessness

PHILOSOPHY: 12-step

STRATEGIES: addiction education, daily living skills, peer-to-peer mentoring, meetings, skill-building, job responsibilities on-site

SMOKING POLICY: No smoking inside facilities; designated smoking area outside

MEDICATION-ASSISTED TREATMENT POLICY: Suboxone: No. Vivitrol: Yes. Methadone: case-by-base basis.

TYPICAL WAITING LIST: 3 months

TYPICAL LENGTH OF TREATMENT STAY: 9 months

Hope Center: Men's Recovery Program

Since 1996, the Hope Center has operated a highly successful Recovery Program for Men. In 2008, this program expanded to a 110-bed facility, including an 8-bed non-medical detoxification center.

ADDRESS: 250 W Loudon Ave, Lex KY 40508 **PHONE:** 859-225-4673

OFFICE HOURS: phone assessments conducted 24/7

FEES: If client has a legal case in Fayette County: \$600. If client receives SS, SSI, pension or other entitlement income: \$5 per night.

SPECIFIC POPULATIONS SERVED:

Men only
Court-ordered clients
Drug Court clients
Homeless or marginally housed men

ELIGIBILITY REQUIREMENTS:

Homeless or at risk for homelessness
Desire to stop abusing substances
Responsible for own transportation to court appointments

PHILOSOPHY: 12-step

STRATEGIES: Recovery Dynamics curriculum, daily living skills, peer-to-peer mentoring, meetings, skill-building

SMOKING POLICY: No smoking inside facilities; designated smoking area outside

MEDICATION-ASSISTED TREATMENT POLICY: none accepted

TYPICAL WAITING LIST: minimal

TYPICAL LENGTH OF TREATMENT STAY: 4-6 months, with option for transitional housing afterward

Hope Center: Women's Recovery Program

Since 2002, the Hope Center has operated a highly successful Recovery Program for Women. This residential program includes a Health Clinic, and the option of continuing the program with Transitional Housing upon completion.

ADDRESS: 1524 Versailles Road, Lex KY 40504 **PHONE:** 859-252-2002

OFFICE HOURS: phone assessments conducted 24/7

FEES: Fayette County client: \$600; Outside Fayette County: \$900; Out-of-state: \$2500. If client receives income such as SS, SSI: 30% of income. Please call for more information about fees.

SPECIFIC POPULATIONS SERVED:

Women only
(Pregnant women are referred to Schwartz Center or Chrysalis House)

ELIGIBILITY REQUIREMENTS:

Homeless or at risk for homelessness
Desire to stop abusing substances

PHILOSOPHY: 12-step

STRATEGIES: Recovery Dynamics curriculum, daily living skills, peer-to-peer mentoring, meetings, skill-building

SMOKING POLICY: No smoking inside facilities; designated smoking area outside

MEDICATION-ASSISTED TREATMENT POLICY: Vivitrol: yes. Suboxone: no

TYPICAL WAITING LIST: Client enters program on Motivation Track and must attend meetings to be eligible for residential treatment. Typically 2-3 months.

TYPICAL LENGTH OF TREATMENT STAY: 7-9 months, with option for recovery housing afterward

bluegrass.org

Bluegrass.org's Madison County location provides outpatient counseling and Intensive Outpatient (IOP) groups in Richmond.

ADDRESS: 415 Gibson Lane, Richmond KY 40475 **PHONE:** 800-928-8000

OFFICE HOURS: phone assessments and crisis counseling available 24/7

FEES: Medicaid, Medicare, insurance and sliding scale fees

SPECIFIC POPULATIONS SERVED:

Women
Men
Children
Families

ELIGIBILITY REQUIREMENTS:

Substance use disorder
and /or
Mental health disorder

PHILOSOPHY: Integrative, multi-disciplinary treatment

STRATEGIES: individual therapy, Intensive Outpatient group therapy, psycho-educational groups

SMOKING POLICY: smoking in designated areas only

MEDICATION-ASSISTED TREATMENT POLICY: accepts clients receiving MAT elsewhere

TYPICAL WAITING LIST: approximately one week for outpatient; approximately 1-2 weeks for Intensive Outpatient (IOP)

TYPICAL LENGTH OF TREATMENT STAY: depends upon individual needs of the client

Center for Behavioral Health

The Center for Behavioral Health treats substance use disorders through outpatient Medicated-Assisted Treatment. The facility is accredited by the Commission on Accreditation of Rehabilitation Facilities and has been operating in locations across the United States since 1984.

ADDRESS: 1018 Ival James Blvd, Suite C, Richmond KY 40475 **PHONE:** 859-575-1323

OFFICE HOURS: M-F: 5a—12:30p; Sat –Sun: 6a—7a.

FEES: Assessments: \$50. \$15/day for meds. Call for more information.

SPECIFIC POPULATIONS SERVED:

Men and women over age 18
Pregnant women will be referred elsewhere unless already a patient at onset of pregnancy

ELIGIBILITY REQUIREMENTS:

Addicted to opiates for one year or longer

PHILOSOPHY: Medicated-Assisted Treatment

STRATEGIES: individual counseling, group counseling, family counseling, case management, medication monitoring, discharge planning

SMOKING POLICY: No smoking inside facilities; designated smoking area outside

TYPICAL WAITING LIST: none

MEDICATED-ASSISTED TREATMENT USED: Methadone, Suboxone, Vivitrol

TYPICAL LENGTH OF TREATMENT: varies

KentuckyOne Health: Urgent Care

This Urgent Care clinic provides Medication-Assisted Treatment (Vivitrol / naltrexone) for patients seeking treatment for opiate and alcohol addiction.

ADDRESS: 103 Alycia Drive, Suite 2, Richmond KY 40475 **PHONE:** 859-626-0554

OFFICE HOURS: M-F: 8:00a—7:00p

FEES: Accepts Medicaid and most insurance

SPECIFIC POPULATIONS SERVED:

Men and women over age 18
Pregnant women will be referred elsewhere unless already a patient at onset of pregnancy

ELIGIBILITY REQUIREMENTS:

Addicted to opiates for one year or longer

PHILOSOPHY: Medicated-Assisted Treatment

STRATEGIES: case management, medication monitoring

SMOKING POLICY: No smoking inside facilities; designated smoking area outside

TYPICAL WAITING LIST: none

MEDICATED-ASSISTED TREATMENT USED: Vivitrol

TYPICAL LENGTH OF TREATMENT: varies

Narcotics Addiction Program (NAP)

Narcotics Addiction Program (NAP) is an program of bluegrass.org. This program offers methadone maintenance and counseling for individuals who are addicted to opiates.

ADDRESS: 3161 Custer Drive, Lex KY 40517 **PHONE:** 800-928-8000

OFFICE HOURS: phone assessments and crisis counseling available 24/7

FEES: Medicaid, Medicare, insurance and sliding scale fees. \$200 intake fee for new clients, payable monthly if necessary. Methadone is \$75 / week, not covered by Medicaid or insurance.

SPECIFIC POPULATIONS SERVED:

Women and men over the age of 18.
Pregnant women.

ELIGIBILITY REQUIREMENTS:

Opioid addiction
IV drug use
History of failed attempts at abstinence
History of prior treatment

PHILOSOPHY: Medicated-Assisted Treatment allows individuals to regain control of their life while addressing the issues and coping skills that led to addiction.

STRATEGIES: individual therapy, psycho-educational groups, skill-building groups

SMOKING POLICY: no smoking within 50 feet of entrance

TYPICAL WAITING LIST: minimal

TYPICAL LENGTH OF TREATMENT: varies based on individual needs

12-Step Meetings*

Richmond

SUNDAY:

1:00 Dry Dock (AA)
3:00: Telford YMCA (NA)
6:00 Salvation Army (AA)
6:00 First United Methodist (NA)
8:00 Dry Dock (AA)
8:00: St Thomas Lutheran (AA)

MONDAY:

12:00 Dry Dock (AA)
12:00 1st United Methodist (AA)
8:00 Dry Dock (AA)
8:00 1st Baptist (AA)

TUESDAY:

12:00 Dry Dock (AA)
6:00 1st United Methodist (NA)
8:00 1st United Methodist (AA)

WEDNESDAY:

12:00 Dry Dock (AA)
12:00 1st United Methodist (AA)
8:00 Dry Dock (AA)
8:00 Telford YMCA (AA)

THURSDAY:

6:30a: 1st United Methodist (AA)
12:00 Dry Dock (AA)
12:00 1st United Methodist (AA)
7:00 1st United Methodist (NA)
8:00 Dry Dock (AA)

FRIDAY:

12:00 Dry Dock (AA)
8:00 Dry Dock (AA)
8:00 1st United Methodist (AA)

Richmond cont...

SATURDAY:

12:00 Dry Dock (AA)
6:00 First United Methodist (NA)
8:00 Dry Dock (AA)
8:00: St Thomas Lutheran (AA)

Berea

MONDAY:

7:00 Union Church (AA)

WEDNESDAY:

7:00 Wesley House (United Methodist)
(NA)

THURSDAY:

8:00 Berea Baptist (AA)

FRIDAY:

7:00 Wesley House (United Methodist)
(NA)

SATURDAY:

8:00a: Wesley House (United Methodist)
(AA)
7:00 Wesley House (United Methodist)
(NA)

Dry Dock: 262 Four Mile Road, Richmond
1st United Methodist: 401 W Main St, Richmond
Salvation Army: 1675 E Main St, Richmond
St Thomas Lutheran: 1285 Barnes Mill, Richmond
1st Baptist: 425 Eastern Bypass
Telford YMCA: 1100 E Main St, Richmond

United Methodist Wesley House: 202 Fee St Berea
Union Church: 200 Prospect St, Berea
Berea Baptist: 310 Chestnut Street

*12-Step meetings (Alcoholics Anonymous / Narcotics Anonymous) are self-help support groups. They last approximately one hour, and participants commit to keeping the anonymity of other participants.

Faith-Based Meetings

Celebrate Recovery

FIRST BAPTIST CHURCH:

425 Eastern Bypass
Richmond KY 40475
Contact: Nikki (859-421-0794)
Thursdays: 6:00—9:00p

Reformers Unanimous (R.U.)

CHURCH ON THE ROCK:

1049 Richmond Road
Berea KY 40403
859-986-1899
Thursdays: 6:30—8:30p

Upward Bound Ministries

ST JOSEPH BEREA:

305 Estill Street
Berea KY 40403
859-986-1650
Fridays: 7:00—9:00p



This guide is for informational purposes only.
The Madison County Health Department
does not endorse, promote or sponsor any of
the organizations listed in this guide.

**PLEASE CONTACT LAURA NAGLE
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