MADISON COUNTY HEALTH DEPARTMENT

To protect, promote and improve the health of our community.

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Madison County Health Department Shares
Local Information Line and Tips

Richmond, KY- The Madison County Health Department has established a phone number for its local Information Line: (859) 544-6550. The Information Line will be operational Monday through Friday from 8:00 a.m. – 4:30 p.m.

This phone line provides general and local information and does not take the place of the KY COVID-19 Hotline (1-800-722-5725) which operates 24/7.

COVID-19 Health tips:
During challenging times such as with the current Coronavirus 2019 (COVID-19) outbreak, it is important to remember to practice good mental health. Follow these tips to maintain good mental health and reduce anxiety. Please seek professional help if needed.

- Stay informed with reliable sources (kycovid19.ky.gov, cdc.gov, and @GovAndyBeshear & Facebook.com/GovAndyBeshear)

- Take a break from social media and news

- Preserve a daily routine as much as possible.

- Maintain a healthy diet, engage in regular exercise, and get enough sleep

- Take advantage of outdoor activities while still maintaining social distancing

- Do not isolate, connect through appropriate social distancing or virtual opportunities

Know the Facts and Stop Rumors

- Diseases can make anyone sick regardless of their race or ethnicity. Fear and anxiety about COVID-19 can cause people to avoid or reject others even though they are not at risk for spreading the virus.

- Someone who has completed quarantine or has been released from isolation does not pose a risk of infection to other people. For up-to-date information, visit the CDC's coronavirus disease 2019 web page. (www.cdc.gov/coronavirus/2019-ncov/about/share-facts)

Other information:
The Madison County Health Department does not perform testing for COVID-19 Virus. If you have questions or concerns about testing, please call your primary care physician or urgent treatment center.

The following phone number and links are trusted sources of information. Public hotline in Kentucky: KY COVID-19 hotline: 1-800-722-5725 (24/7) and website: www.kycovid19.ky.gov: and www.cdc.gov

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www.madisoncountyhealthdept.org