



# **Madison County Health & Safety Community Survey 2012 Madison County, KY**

Prepared

By

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# Data Collection

The Madison County Health and Safety Survey was open for community responses during the dates of January 2 – March 30, 2012. A Survey Monkey online survey in both English and Spanish was present on the Madison County Health Department's website for the aforementioned time period. Paper copies in both English and Spanish of the survey were also available.

Survey Results: Total Started Surveys = 754

Total Completed Surveys = 737 (97.7%)

558 paper copies of the survey were administered at eighteen (18) different community locations, including faith based meetings, school events, a senior center, a community clinic, civic and professional organizations, and the county's Diabetes Center of Excellence.

Publicity for the survey was made available to the community through the following :

- Bookmarks with survey website address distributed in community meetings and placed in local public libraries
- Public service ads posted to both city governments' cable TV stations and on the local cable TV station's community calendar site
- Block ads were displayed in the Madison County Cooperative Extension's Family & Consumer Sciences Homemakers Newsletter, Berea Parks and Recreation Newsletter and in the Madison County *Health Beat* magazine.

# Survey Respondents' Demographics

Information about the individuals who responded to the survey:

## **Sex:**

Females – 78.3%

Males – 21.7%

## **Age:**

18 or less – 3.0%

19-25 – 11.8%

26-39 – 31.1%

40-54 - 30.8%

55-64 – 15.5%

65 or over – 7.8%

## **Marital Status:**

Married/Living Together – 61.4%

Not Married/Single – 38.6%

## **Education:**

Less than high school – 6.2%

High school diploma or GED – 31.5%

College degree or higher – 57.4%

Other – 4.9 %

(Responses: In high school, some college, vocational school)

# Survey Respondents' Demographics (cont'd)

## Race:

Asian – 0.4%

Black/African American – 7.4%

Hispanic/Latino – 3.6%

White – 87.6%

Other – 0.9%

(Responses: Biracial)

## How do you pay for your health care?

Pay cash (no insurance) – 16.1%

Health insurance – 74.7%

Medicare – 7.7%

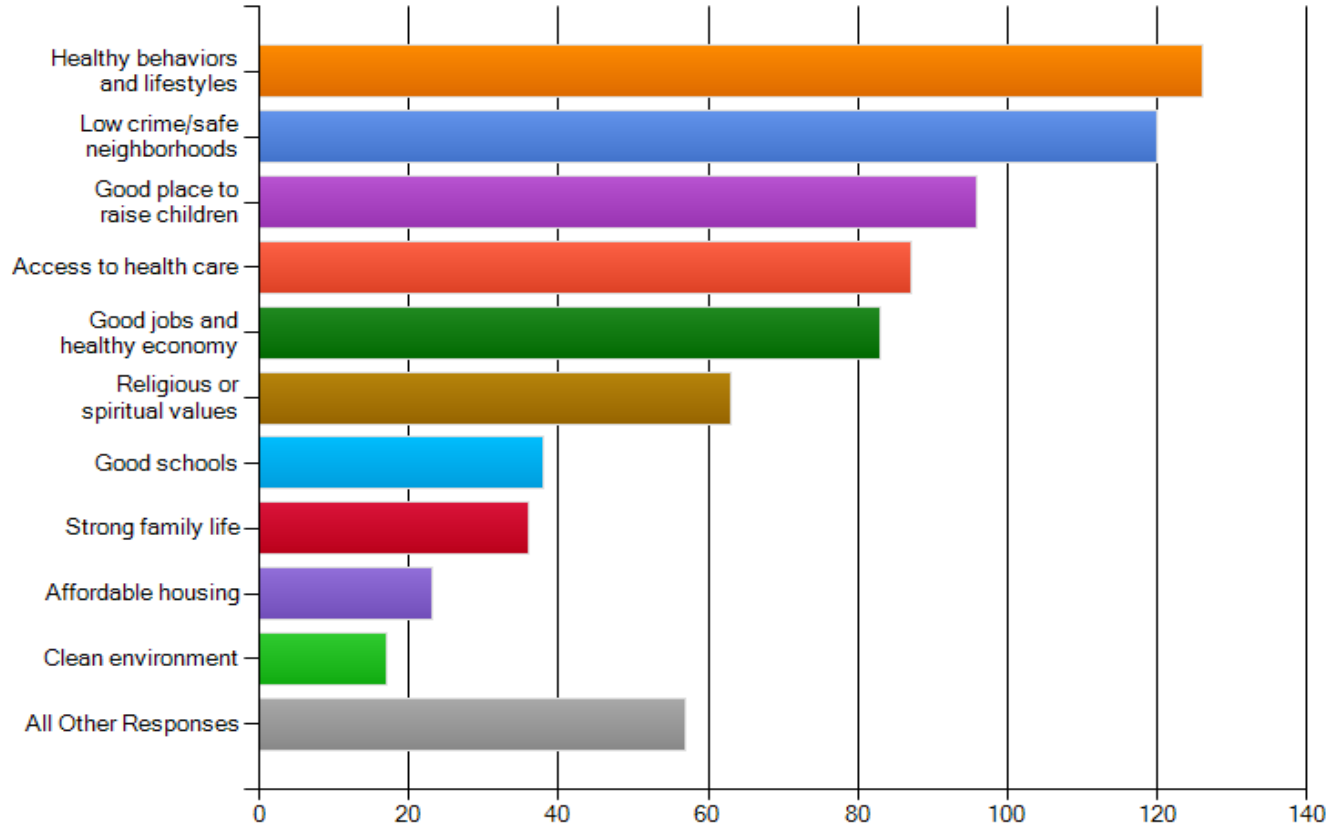
Medicaid – 3.7%

Veterans' Administration – 0.9%

Other – 3.8%

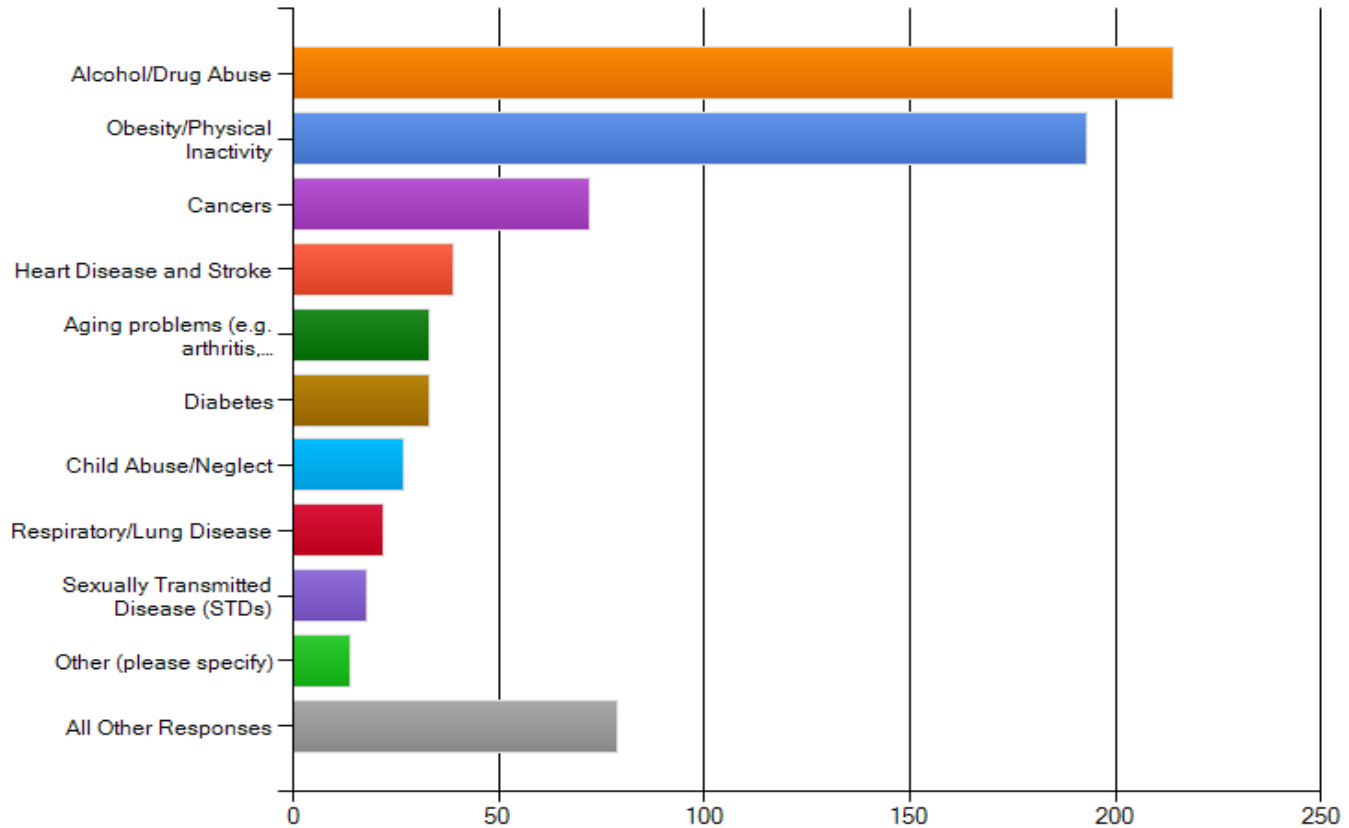
(Responses: Health savings account; children have Medicaid, I have none; parents; Flexible spending account)

**In the following list, what do you think is the 1 most important thing needed for a healthy Madison County?**



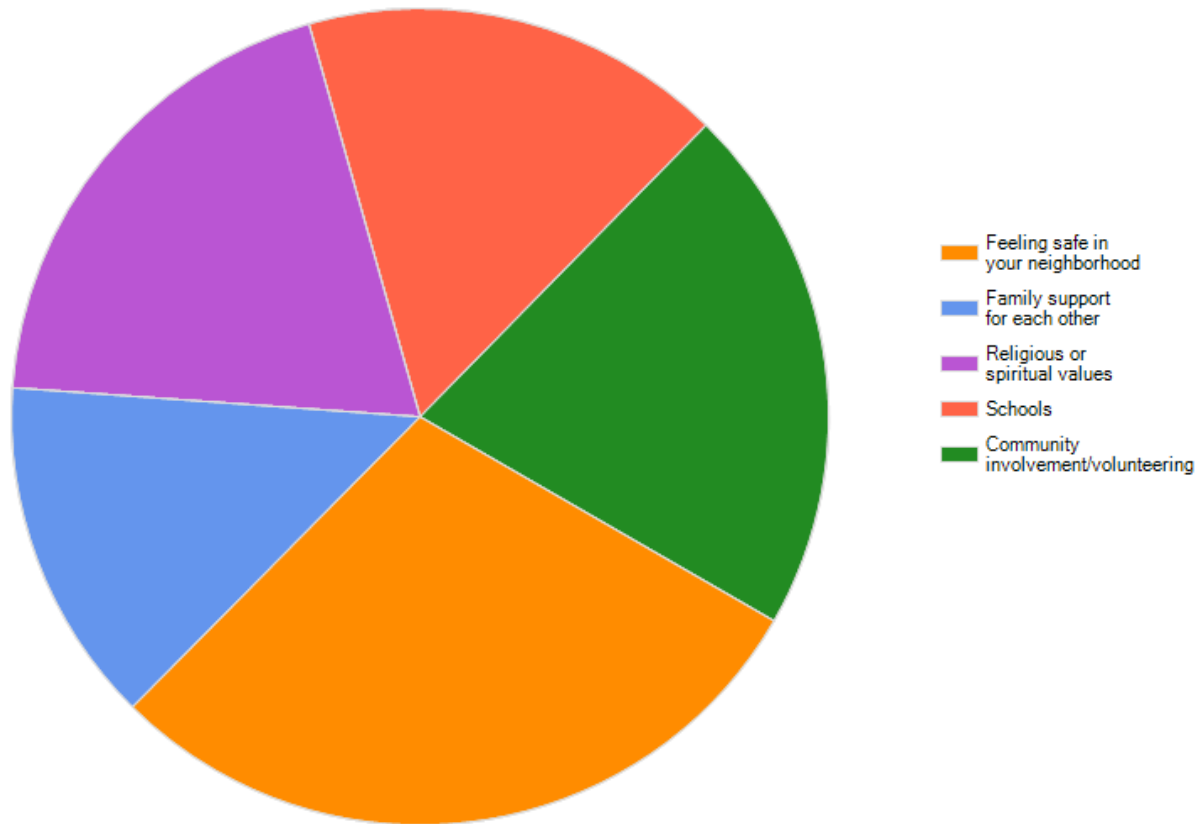
Survey respondents indicated **healthy behaviors and lifestyles** were the most important factors contributing to a healthy county. In additions to the factors shown above, respondents indicated **parks and recreation areas, strong family life, quality child care, low adult death and disease rates, and low infant rates** were needed for a healthy county.

**In the following list, what do you think is the 1 greatest health problem in Madison County?**



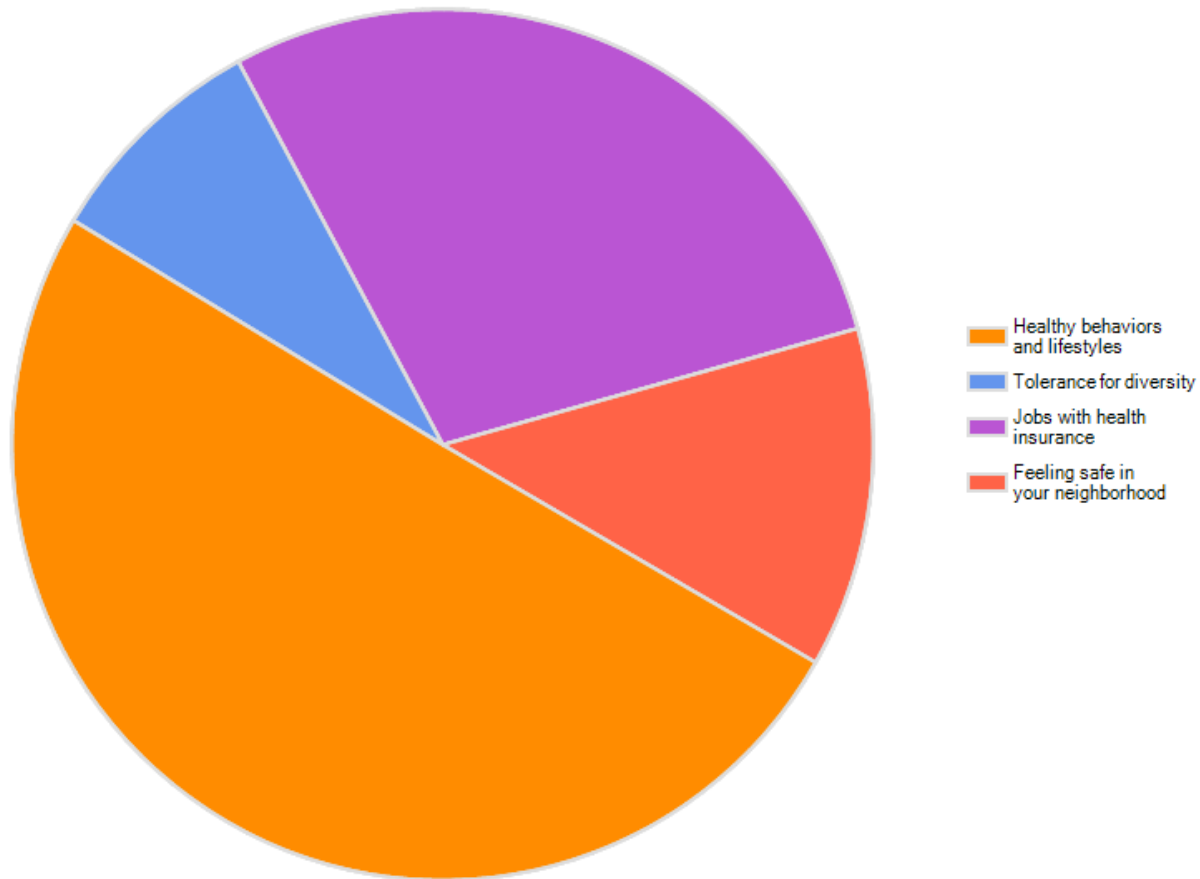
In addition to the most common responses show in the graph above, survey respondents selected the following factors (in order of priority) as **other health problems** in the county: **domestic violence, motor vehicle crashes, high blood pressure, teenage pregnancy, dental problems, and mental health problems.**

Listed below are some ways that a community can support the physical and mental health of its residents. Which is the most successful in Madison County?



Almost 29% of survey respondents selected ***feeling safe in your neighborhood*** as the most successful way the community can support the physical and mental health of its residents. Twenty-one percent (21%) of the respondents selected ***community involvement and volunteering*** as important contributing factors.

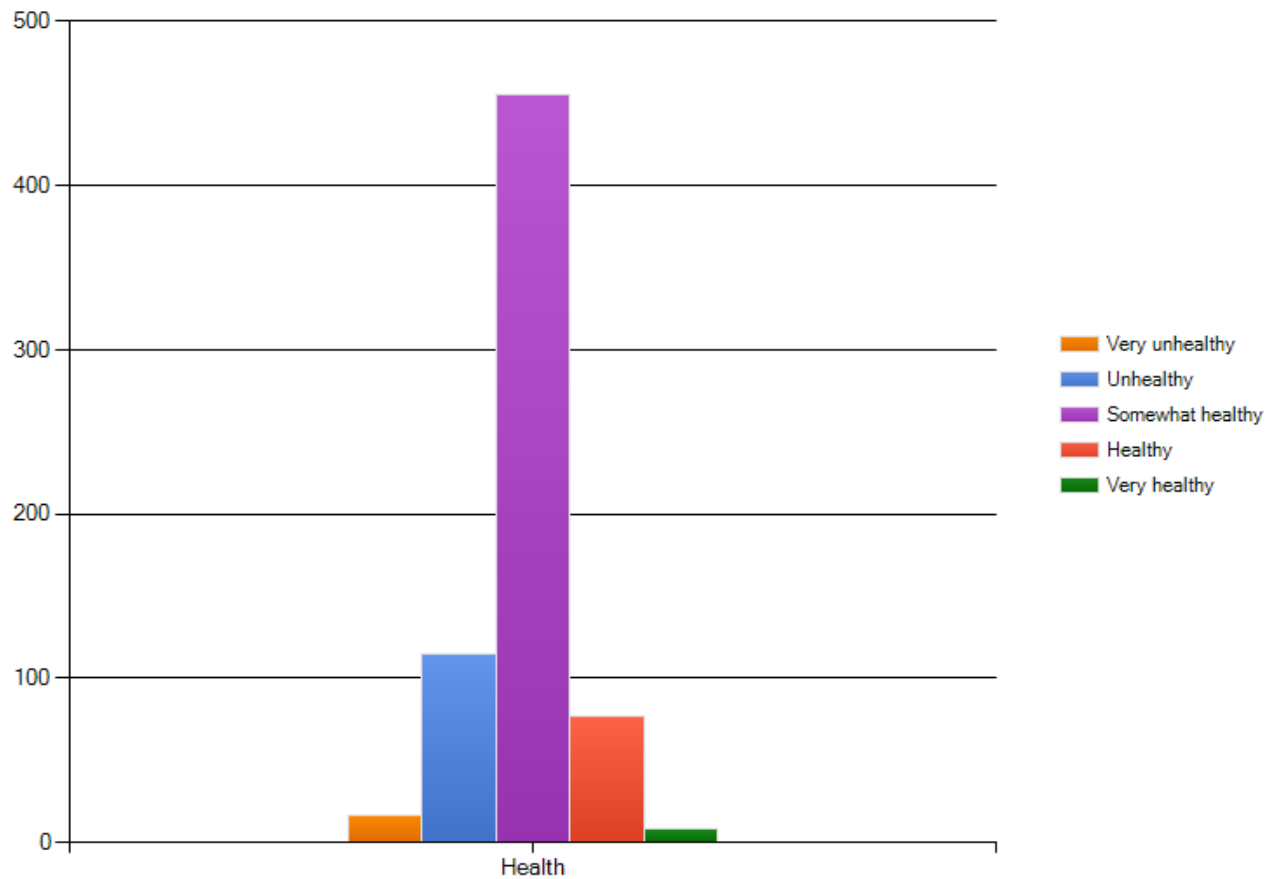
### Which needs the most improvement?



Approximately 50% of respondents selected **healthy behaviors and lifestyles** as the most important factors needing improvement in order to achieve mental and physical health of the county's residents. **Jobs with health insurance** ranked second with approximately 29% of respondents indicating a needed improvement in the community.

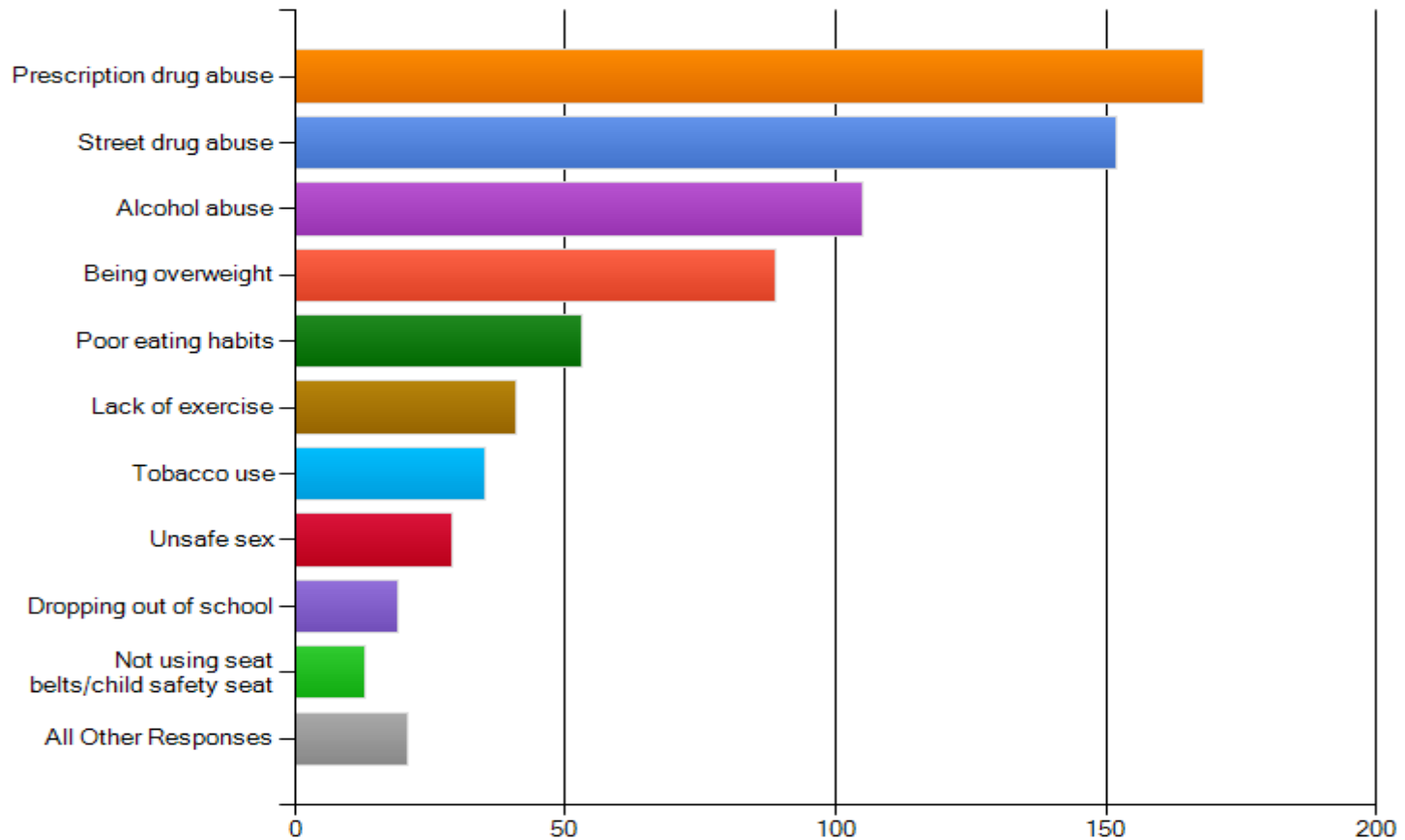


### How would you rate Madison County as a “Healthy County”?



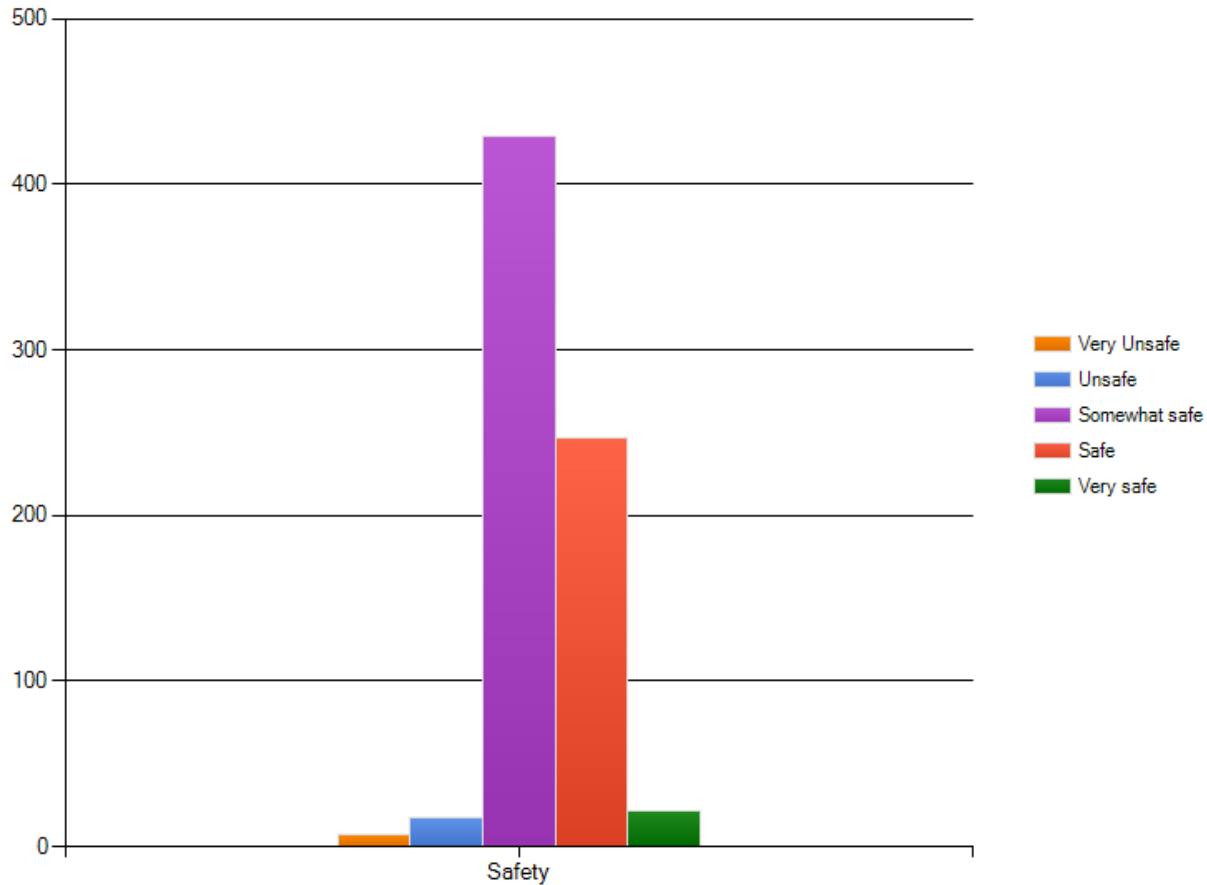
The majority of survey respondents (455) rated ***Madison County as a Healthy County.*** 131 respondents rated Madison County as ***unhealthy or very unhealthy.***

**In the following list, what do you think is the 1 most risky behavior in Madison County?**



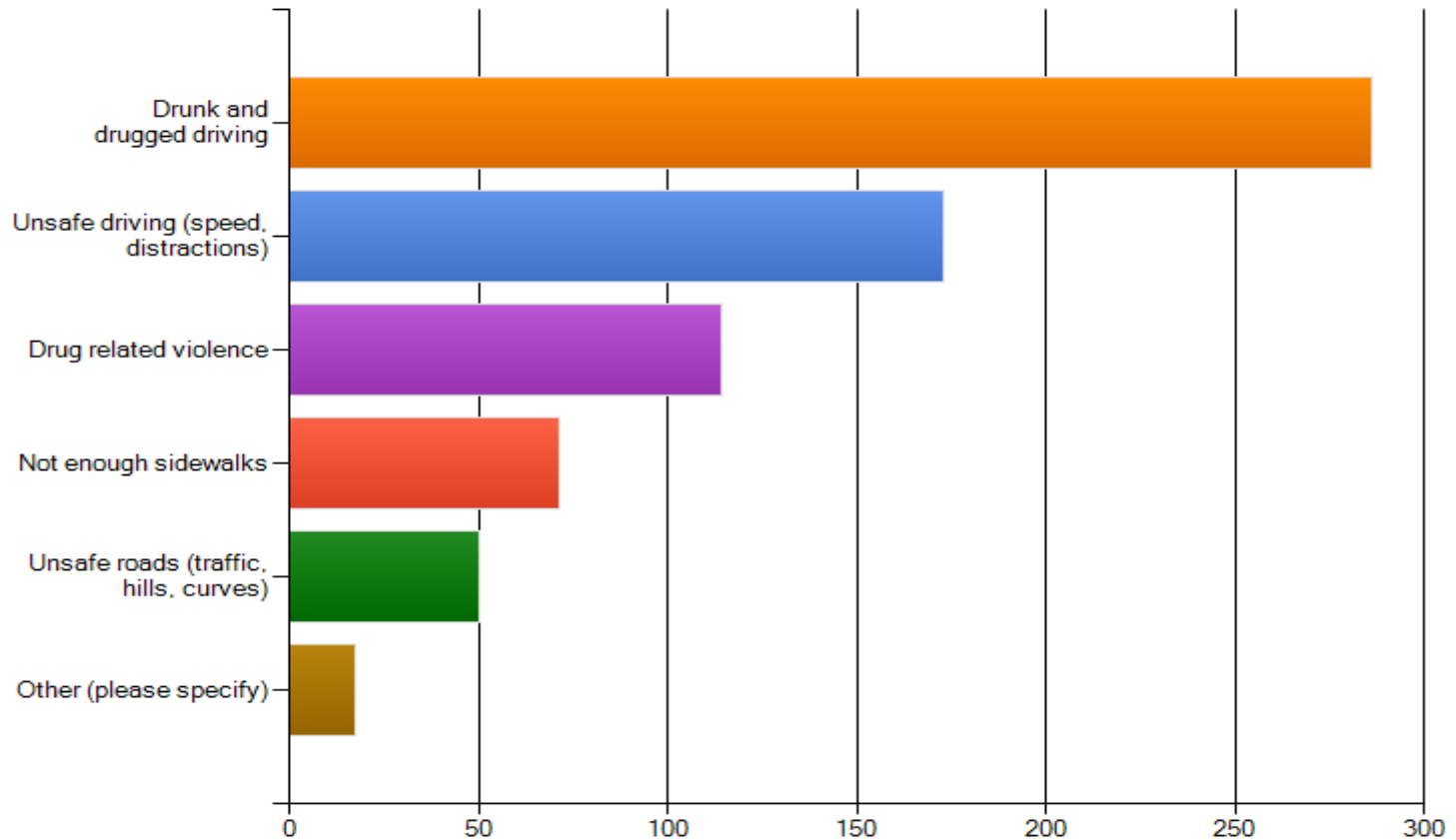
Personal lifestyle behaviors such as ***prescription drug abuse, street drug abuse, alcohol abuse, being overweight and other factors*** were selected as the “most risky behavior” in the county. In addition to those shown above, ***school bullying, not getting shots to prevent disease, not using birth control and racism*** comprised the “All Other Responses” category.

### How would you rate Madison County as a “Safe County”?



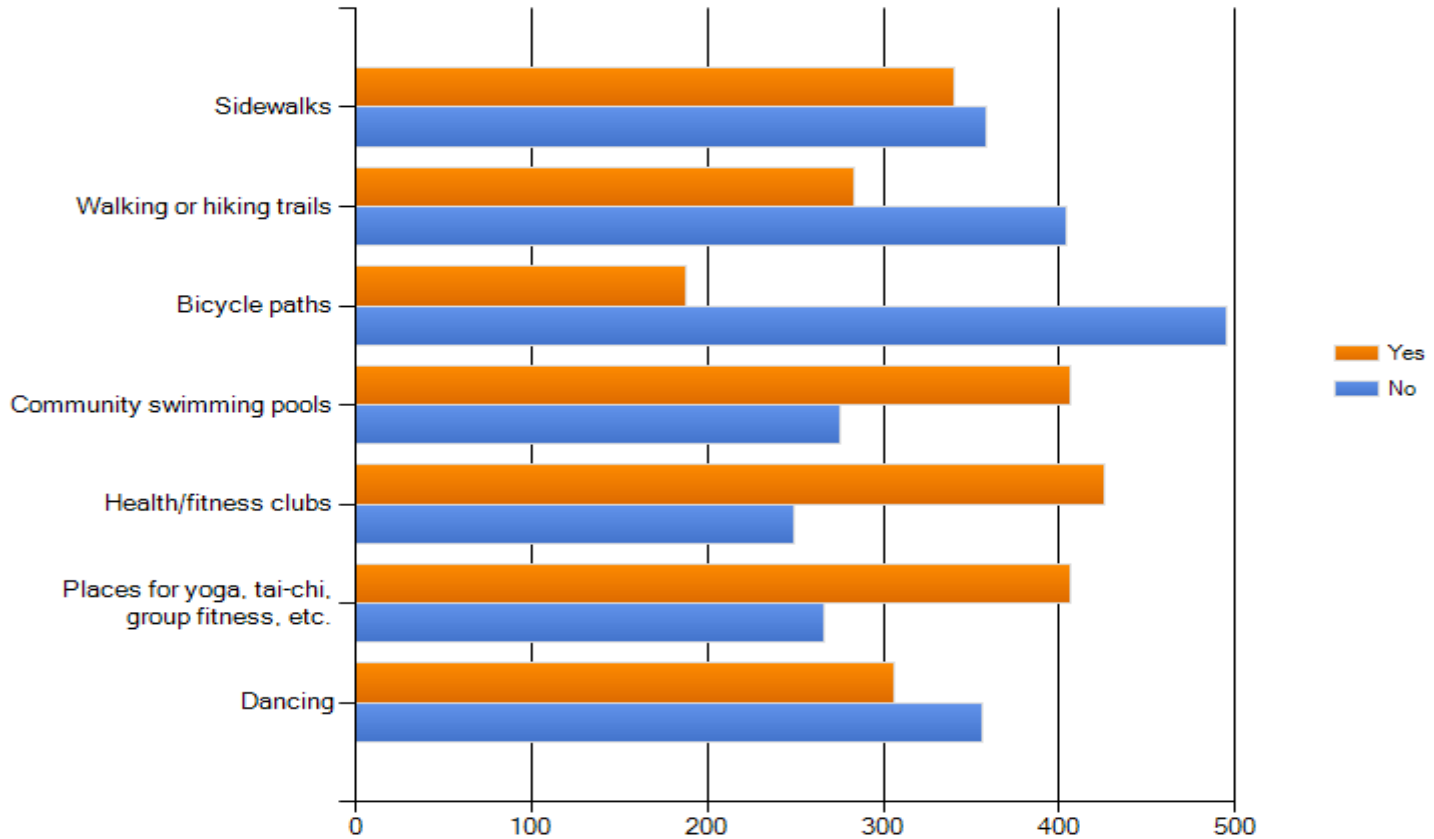
Survey respondents viewed Madison County to be a ***Somewhat Safe*** (429) to ***Very Safe*** (22) county. Only 25 respondents selected the ***Unsafe*** (18) or ***Very Unsafe*** (7) options.

Listed below are some factors related to injury. Which is the 1 most serious safety problem for people in Madison County?



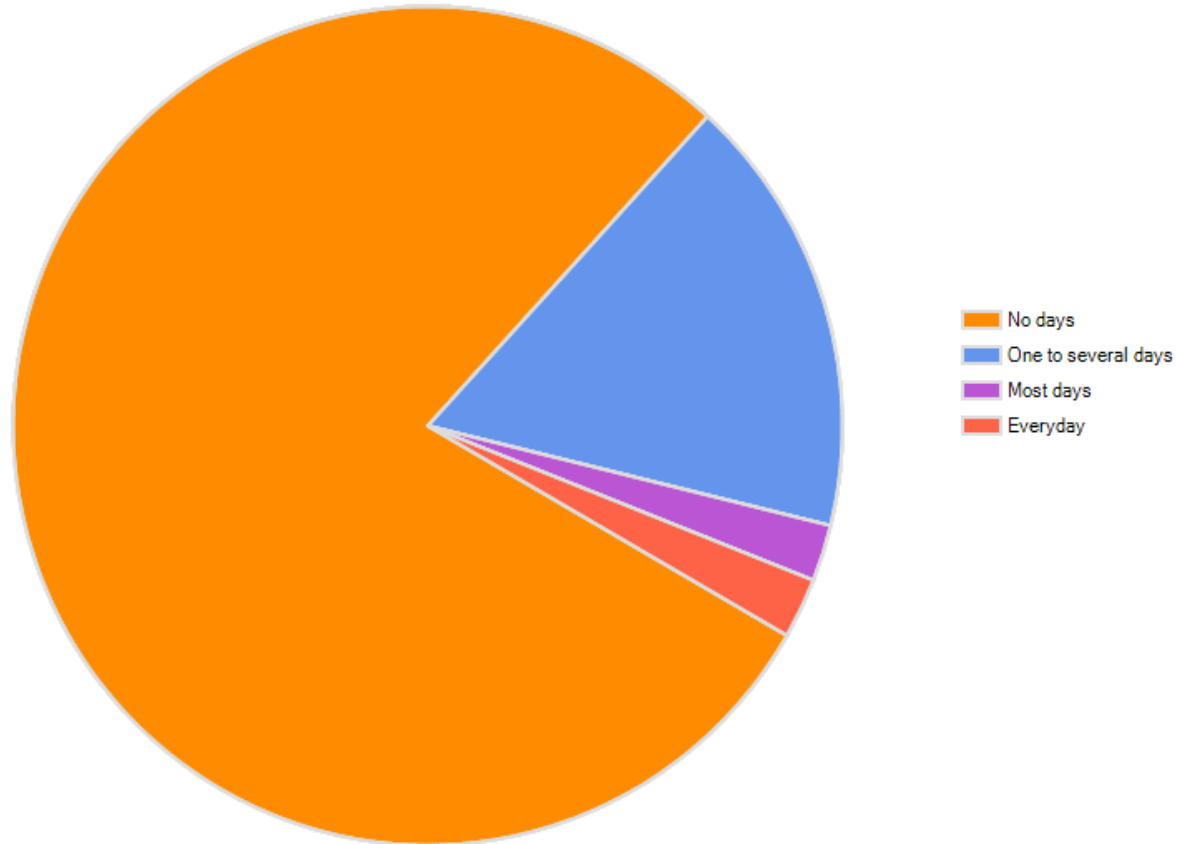
Approximately forty percent (40%) of survey respondents selected ***drunk or drugged driving*** as the most serious safety problem for people in Madison County. ***Unsafe driving*** (24%) and ***drug related violence*** (16%) were other factors selected as serious safety problems. The ***“Other”*** category consisted of written-in responses such as, ***walking home alone at night, kids not in seat belts, meth use, accessibility of street drugs to minors, illegal drugs in the community, fast food, cell phone use while driving.***

**Does Madison County have enough of these physical activity opportunities available?**



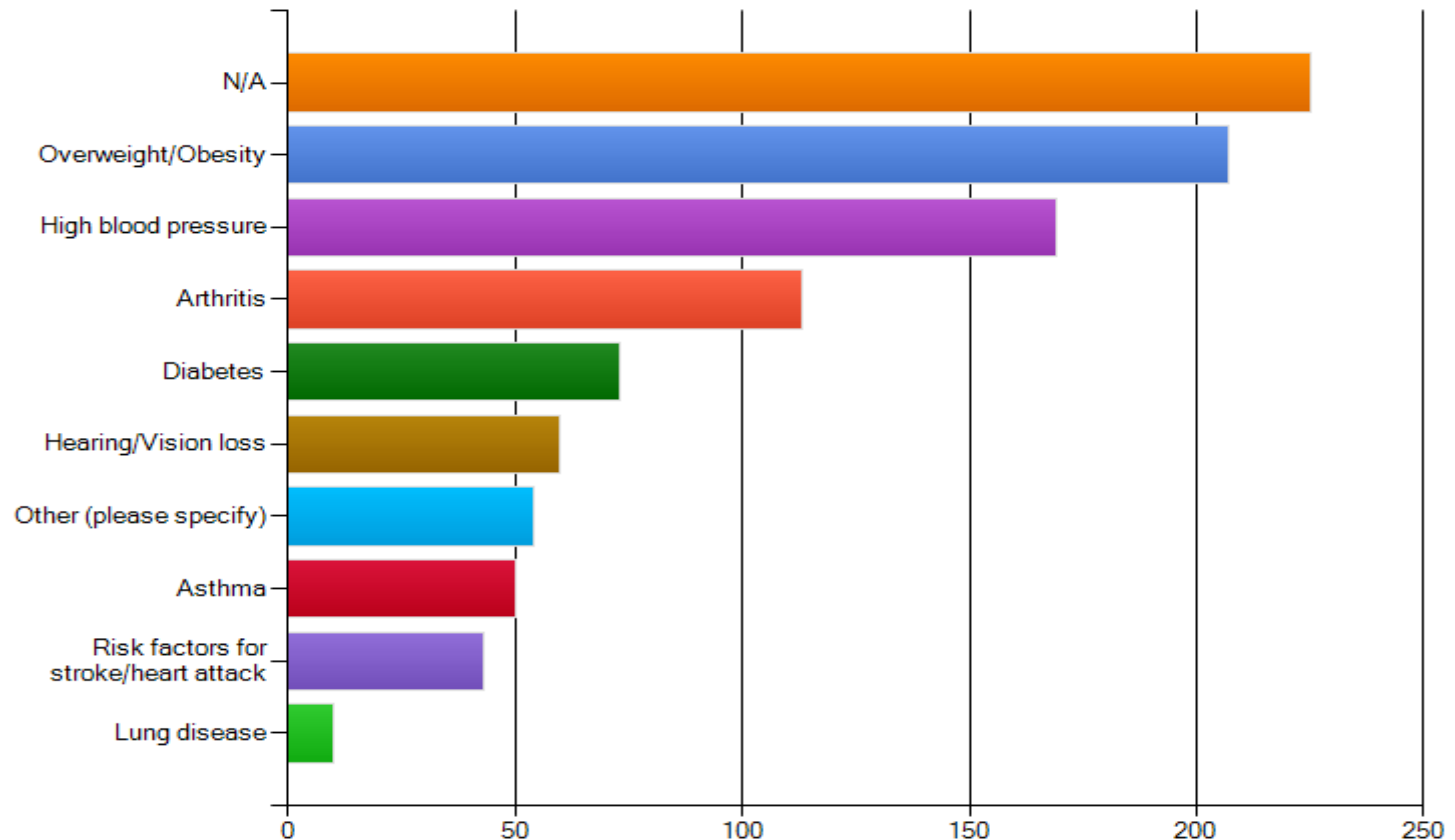
Survey respondents indicated that Madison County did not have enough ***bicycle paths and walking or hiking trails*** as a means for physical opportunity. Respondents did indicate the county had enough ***health/fitness clubs, places for yoga, tai-chi, group fitness and community swimming pools***.

During the past month, I was not able to work or do my daily activities because of illness for:



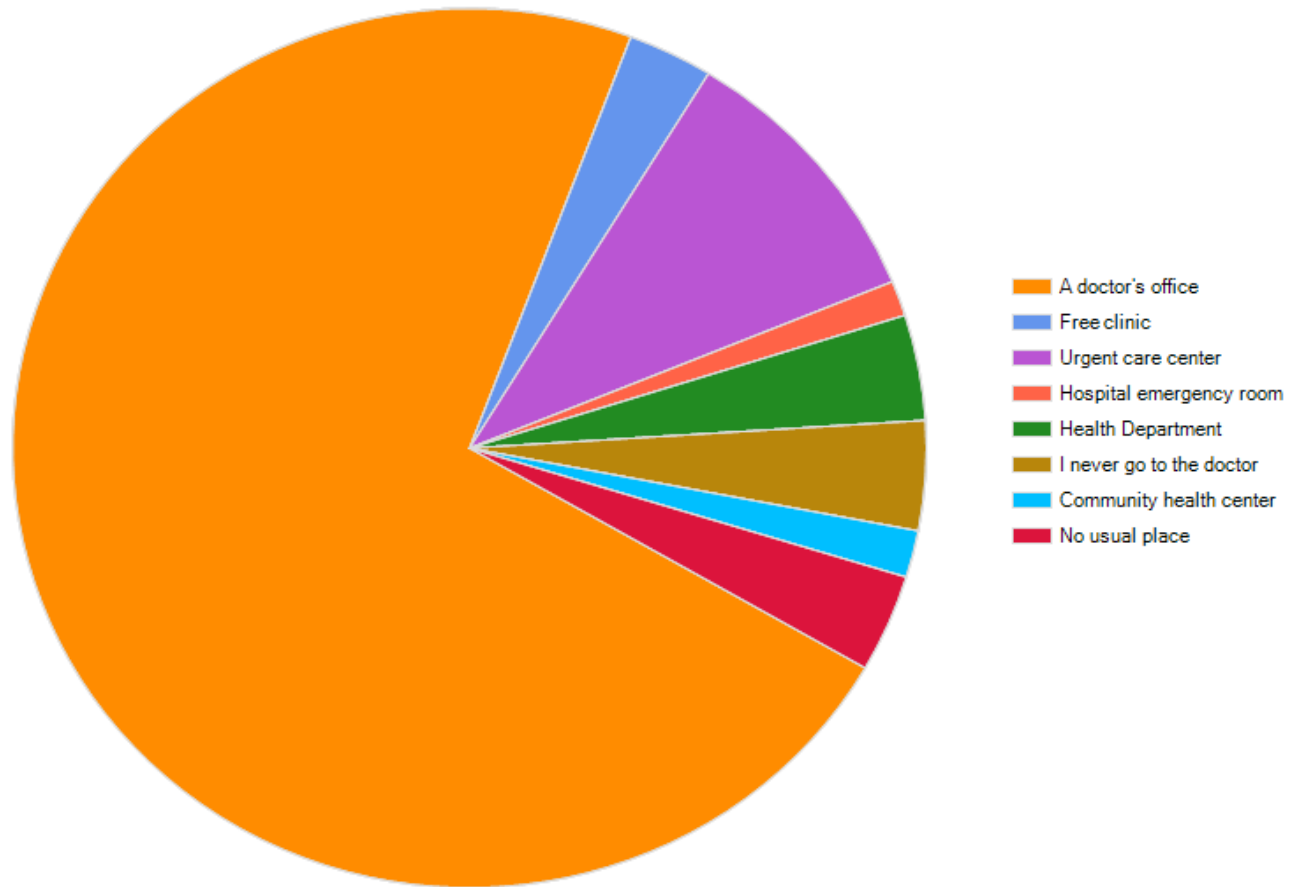
Approximately seventy nine percent (79%) of survey respondents indicated they ***were able to work or perform their daily activities for all days in the month*** prior to the survey. Only 17% of respondents selected ***one to several days*** in which they were unable to work or carry out daily activity functions.

I have been told by a doctor, nurse, or other health professional that I have the following chronic illnesses, (check all that apply)



One third (1/3) of survey respondents indicated that chronic illnesses listed was ***Not Applicable*** to them. In addition to those illnesses shown above, **Other** conditions, such as, **depression, mental disorder, anxiety, manic depression, back problems, thyroid disorders, multiple sclerosis, epilepsy, allergies, chronic migraines, allergies, high cholesterol, fibromyalgia, anemia** made up most of the written-in responses.

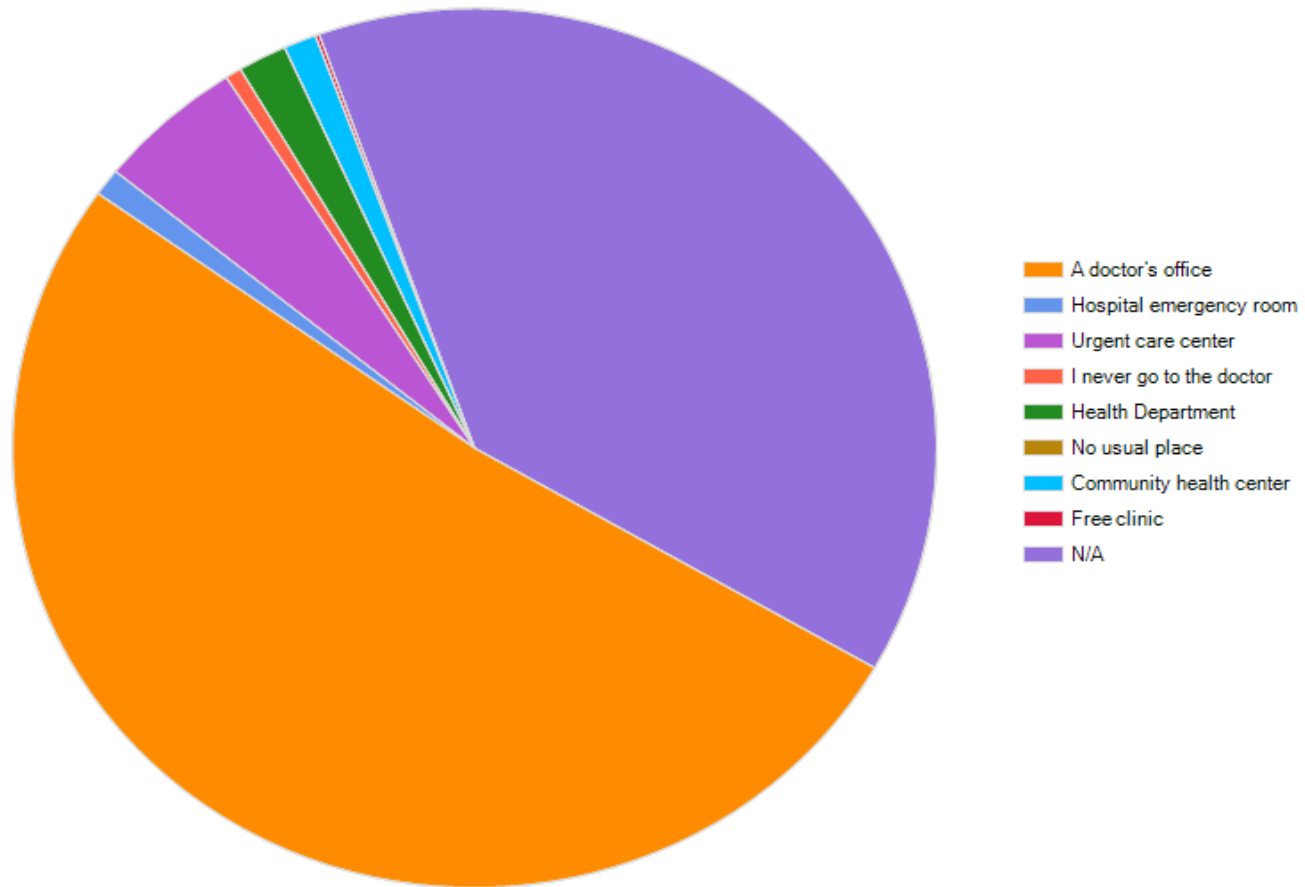
When I am sick, I usually go for treatment at:



The majority (72%) of survey respondents indicated they go to the **doctor's office** when they are sick. **Urgent care center** was the next option selected by 10% of respondents.

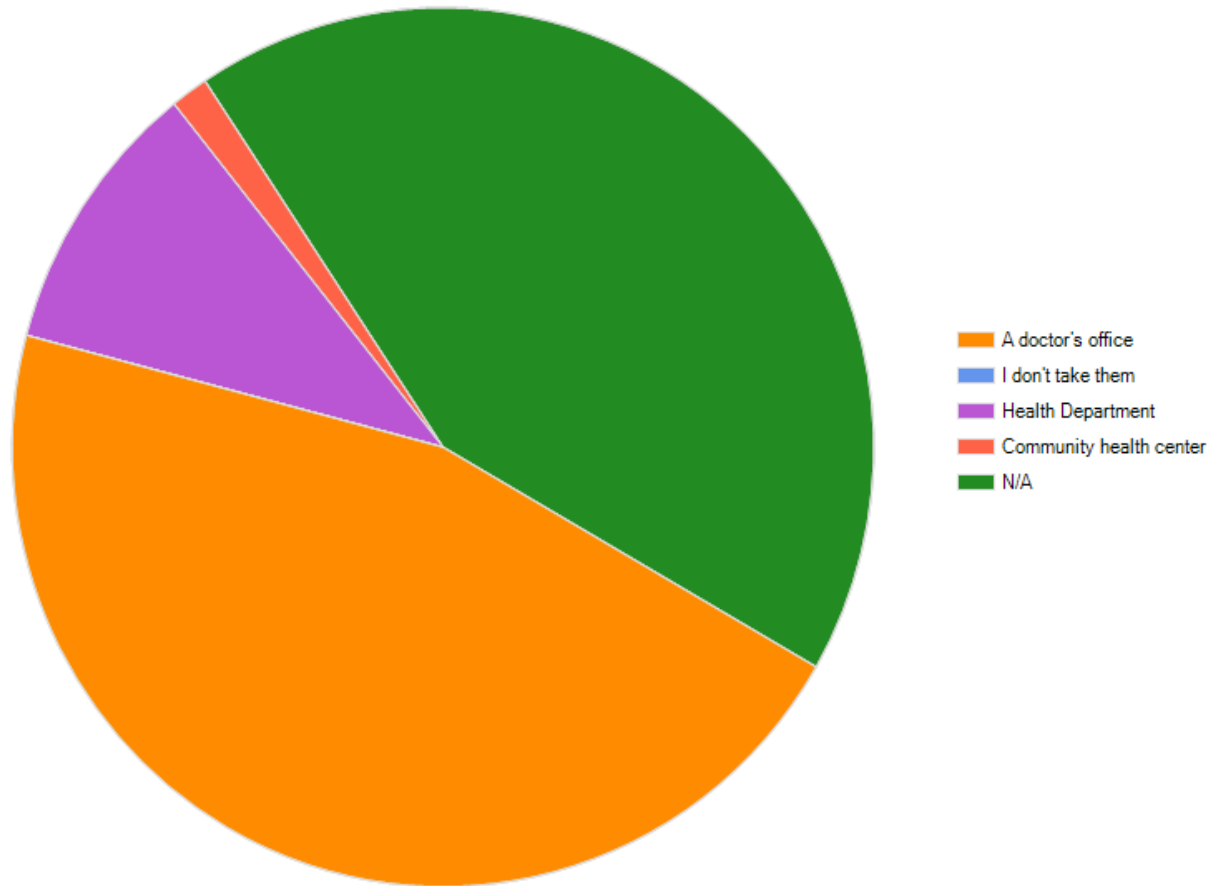


When my children are sick, I usually take them for treatment at:



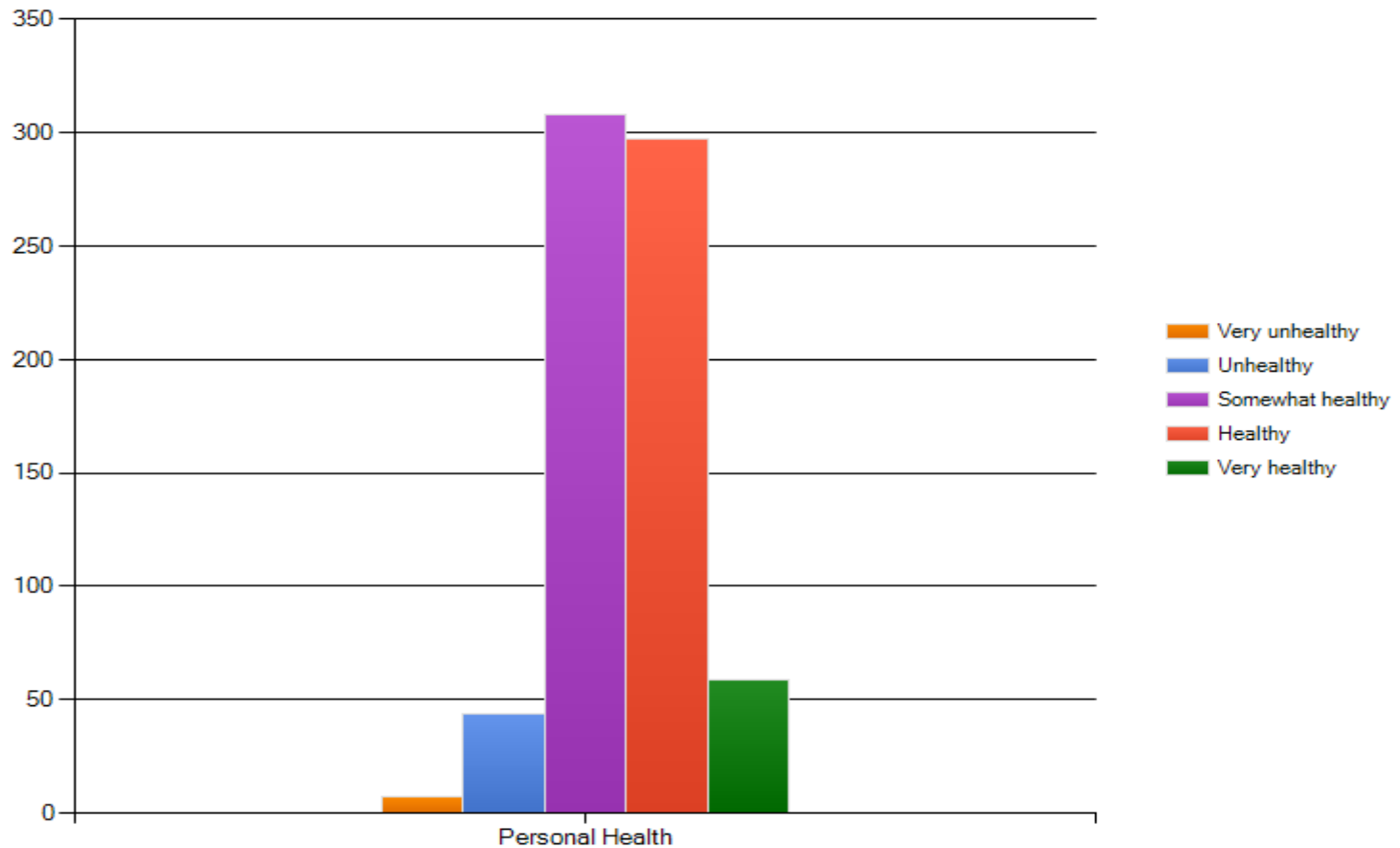
Approximately 52% of respondents visit the **doctor's office** when their **children are sick**. Almost 39% of respondents indicate this question was **not applicable** to them which could indicate they do not have children in their care or they are childless.

I usually get my children their shots at:



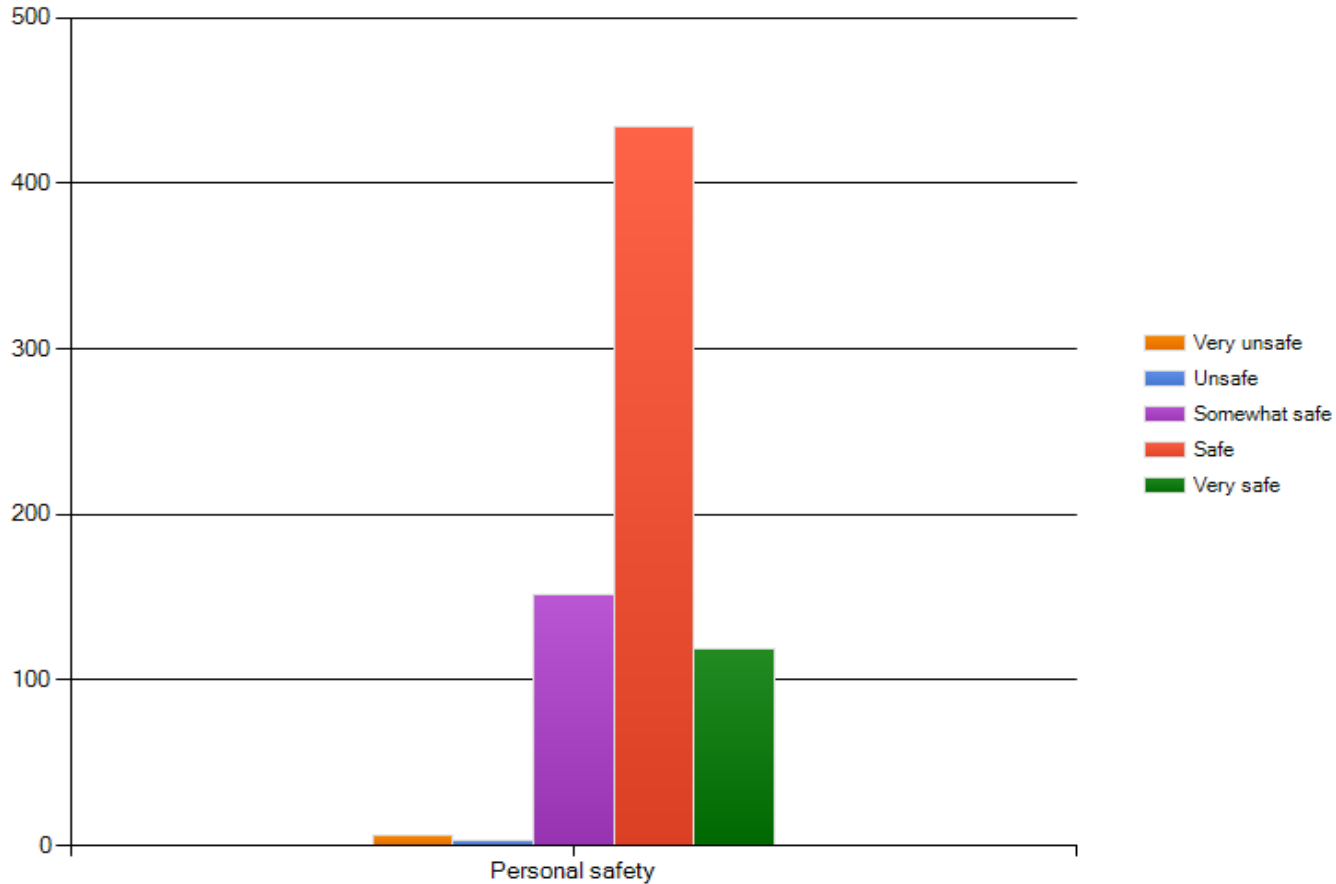
The **doctor's office** (46%) or the **health department** (10%) were the two locations most commonly selected by those respondents who obtained shots for their children. Approximately 43% of respondents indicated this question was **not applicable** to them.

### How would you rate your own personal health?



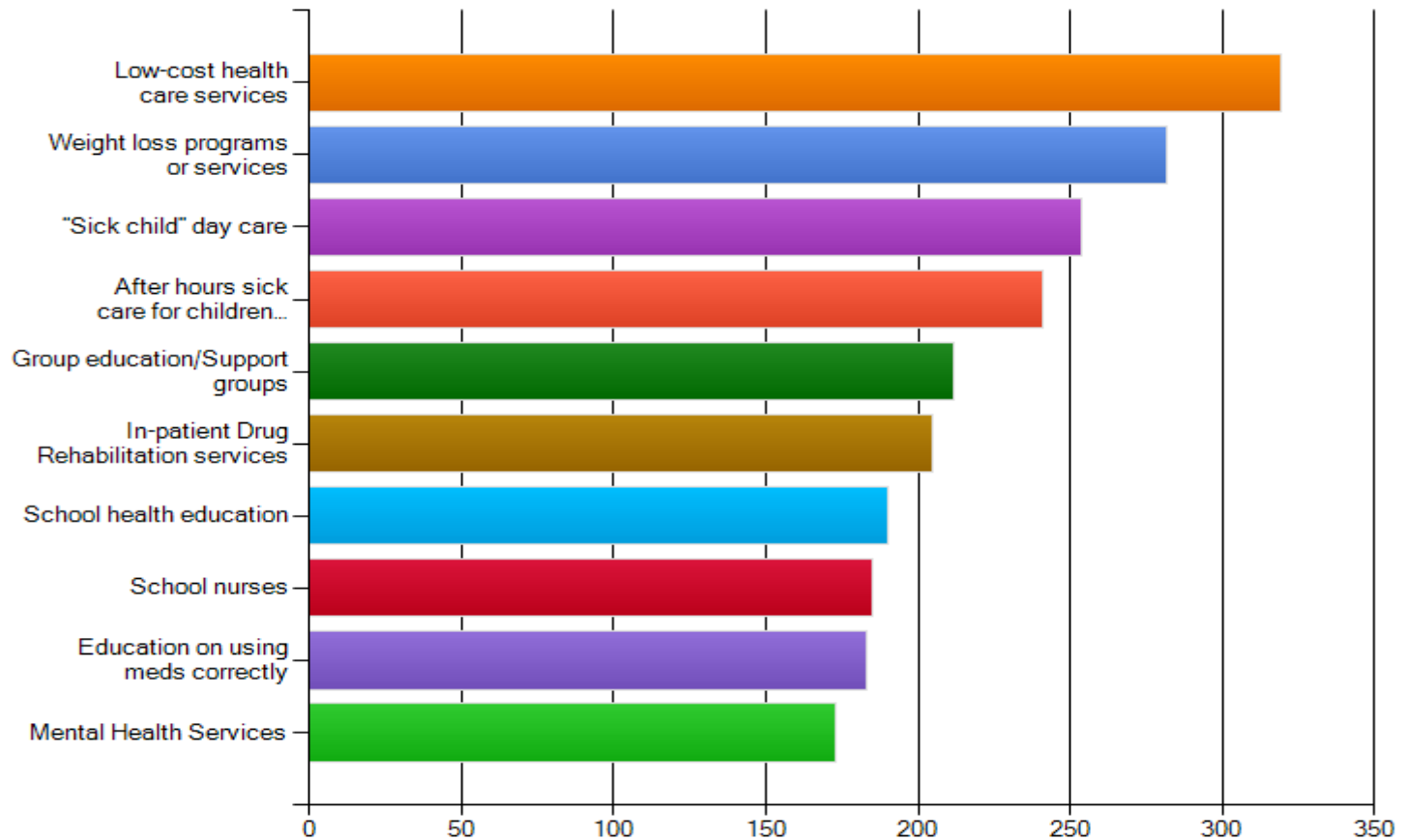
308 survey respondents indicated their own personal health as ***Somewhat healthy***; 298 survey respondents indicated they are ***Healthy***; and 59 survey respondents chose ***Very healthy***. Only 44 respondents and 7 respondents selected ***Unhealthy*** and ***Very unhealthy*** respectively.

### How would you rate your own personal safety?



The majority of survey respondents selected ***Somewhat safe*** (152), ***Safe*** (434) or ***Very safe*** (119) when responding to their perceptions of **personal safety**. Only 3 respondents selected ***Unsafe***; 6 respondents selected ***Very Unsafe*** with regards to personal safety in the county.

**Madison County needs more of the following health services, (check all that apply)**



Approximately 47% of survey respondents selected **Low-cost health care services** as the most needed health service for the county. **Services or programs related to weight loss** (41%) was the second most needed service selected. **"Sick child" day care** (37%) and **After hours sick care for children** (35%) rounded out the top four most needed services.

# Questions or Comments

May be submitted in writing to:

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