

Madison County Health Department

Lice Removal Instructions Check List

- _____ Obtain a cream rinse or shampoo recommended to treat head lice and their nits (eggs).
Do not use on children under two years of age.
- _____ Follow the directions EXACTLY for treatment. **This may mean applying to dry hair.**
- _____ Comb the hair with a fine tooth comb to remove tangles.
- _____ **Use your thumb and forefinger** to pinch nit/egg and remove. Discard nits in closed trash receptacle and remove from the home immediately.
- _____ Each family member should have their head checked to determine if there is a need for treatment.
- _____ Check and remove nits from your child's head.
- _____ Disinfect all combs and brushes by soaking in lice shampoo.
- _____ Sterilize all head gear, including hair bows and clips, clothing and bedclothes that may be infected, by washing and then drying in automatic dryer.
- _____ Remove all non-washable clothing and stuffed toys by sealing in a plastic bag for 10-14 days.
- _____ Repeat treatment as directed on bottle (5-7 days)
- _____ Any complications such as pus-forming infections of the skin should be treated by your local health care provider.

Removing the nits should only be done in the privacy of your home. Children can only sit still for short periods of time. Take frequent breaks.

Lice shampoo and spray are pesticides. Use as directed on the package only.

You may call the health department clinic if you have any questions.